

Karen Conaghan

Specialising in individual and collective leadership development, building high performance teams and emerging talent, Karen has over 28 years experience working with government and private organisations. She has coached & partnered with senior executives from some of Australia's largest public and private corporations; as well as Fortune 500 Global Companies.

She has extensive experience with national professional service firms- legal, engineering & accounting in shaping their collective leadership cultures. Her background in psychology gives her a powerful understanding of personal motivation & team dynamics, incorporating Neuroscience, Positive Psychology, Emotional and Conversational Intelligence© frameworks and strategies. She has a proven ability to easily connect, establish trust and be insightful and accurate. Karen's approach with senior leaders is collaborative, supportive; yet challenging. She provides interactive facilitation for individuals and teams wanting to significantly increase their levels of positive impact and engagement in the workplace.

Coaching philosophy and approach

Having held senior leadership positions in health & education with an outstanding track record in leading & developing project and multi-disciplinary Karen understands the challenges of cross functional collaboration. Her passion & focus is assisting leaders leveraging their strengths & in shaping their leadership philosophy & how they will communicate, influence and engage & build productive trust based relationships.

Industry knowledge and experience

In 2004, Karen was appointed as the only Australian Executive Coach & Global Trainer for *The Ken Blanchard Companies* for the Asia Pacific Region, delivering "Coaching Essentials©". She coaches Global Heads – Asia Pacific GM's of Fortune 500 companies as part of global leadership initiatives. Karen is one of 12 only Australian Master Certified Coaches (MCC's) with the International Coach Federation; the global credentialing body for professional coaches. As a Master Facilitator for Corporate Coach U, Karen has facilitated Coach Skill Training and 'Leader as Coach' training, to over 500 Queensland managers across government and professional service firms.



Qualifications & Memberships

B. Social Work – UNSW

Post Grad Diploma of Education – QUT

Master Certified Coach (MCC) International Coach Federation

Graduate Corporate Coach U – Business Coaching Essentials

The Leadership Circle©- Leadership Culture Survey; LCP & ME Editions

C2 Collective Leadership Systems Facilitator-The Leadership Circle©

Hogan Leadership Suite- HPI, HDS, MVPI

Genos Emotional Intelligence 360 & Motivating and Engaging Teams (MET)©

Master Facilitator "The Coaching Clinic"©&"Difficult Conversations"®, Corporate Coach U

Extended DiSC© & Trainer Personality Coaching Styles Inventory PCSI