

Nicole Toohey

Nicole has more than 20 years experience working across private and public organisations as a transformation consultant, facilitator and leadership development and mindfulness coach.

Nicole is a strategic thought leader who catalyses change and transformation across large and complex organisations. Her focus has been to partner and collaborate with middle and senior leadership teams to accelerate the execution of the organisation's strategy and transformation agenda.

Throughout her career, Nicole has enabled clients to strengthen their executive functioning to think differently, implement new ways of working, and activated and empowered change agents to drive transformation.

Coaching philosophy and approach

Nicole demonstrates a practical and embodied wisdom, and her passion for human wellness and vitality is reflected in her evidence based coaching and consulting philosophy underpinned by a strengths based approach, contemporary leadership development practices, and mindfulness.

Nicole uses her systemic understanding of context to deliver either one to one coaching, group facilitation and team development, to bring about new ways of working.

Industry knowledge and experience

Nicole draws upon her leadership roles and experience at Deloitte Consulting and The Boston Consulting Group to share and embed best practice with her clients.

She has worked across all sectors to unleash the energy and potential for high performance in organisations, teams and individuals.



Qualifications and Memberships

Master of Strategic Organisational Development, (Current)

Bachelor, Business Administration – Major Organisational Communication.

Institute of Executive Coaching & Leadership (IECL) – Level 2 Accredited Coach

Professional Development Certificate in Executive Coaching – Institute of Coaching & Consulting Psychology (Dr A Grant)

Certified Mindfulness Meditation Trainer, Gawler Foundation

The Leadership Circle (TLC) – 360 Leadership Diagnostic

Accredited in Strengths Deployment Inventory (SDI)

Certification IV Training & Assessment

Member of the International Coaching Federation

Selected client organisation's

Australian Bureau of Statistics (ABS), ACCC, Australian Public Service Commission (APSC), AMP, BDRC Jones Donald Strategy, Boston Consulting Group (BCG), City of Sydney, Commonwealth Ombudsmen, Department of Defence, Department of Employment, Education and Workplace Relations, Energy Australia, GWA Group, Human Rights Commission, Jesuit Refugee Service, Qantas Group, Quest For Life, Suncorp, Toll Group, UBS, University of Sydney, Westmead Hospital (WS Local Health District), Zaffyre International.