

Self Knowledge Through Strengths

“Success comes to those who know themselves, their strengths, their values & how they best perform.” — Peter Drucker

Self knowledge is fundamental to effective leadership. Through self awareness and knowledge we are able to understand ourselves and this empowers changes and the ability to build on our character strengths and minimise weaknesses.

Utilising the VIA signature strengths survey this webinar will enable you to identify and understand your innate strengths and then contextualise them for your current situation and conditions. The final step is to leverage your strengths for optimal functioning through self management. Whilst this webinar focuses on self, we expand on the recognition of strengths in teams and leadership in future webinars.

This engaging webinar will help you to understand yourself through the lens of Positive Psychology and Signature Strengths. The beauty of this webinar is turning the evidence-based theory and research into easy to follow and useful practical steps for everyone to grow and develop their leadership.

“Moving from what’s wrong to what’s strong.”



Formats:



webex

zoom

Length:

90 MINUTES

Presenter:

Margie Hartley

Pre work:

Reading and listening

Post work:

Practice and reading

Outcomes:

- + Practical frameworks to use immediately
- + Increased self awareness through strengths language
- + Understanding when you are at your best
- + Latest research on strengths based working
- + Practical tips on recognising energised states
- + Sophisticated and simple tools

Investment:

\$3750 PER WEBINAR (90 MINUTES)

for up to 30 people — \$50 per person there after

For more information hello@gramconsultinggroup.com.au or **0415 670 130**



GRAM CONSULTING GROUP is a community of facilitators, evidence based coaches, academics, organisational psychologists and good humans who specialise in:

- + Executive Coaching
- + Leadership Development
- + High Performing Teams
- + Leader as Coach
- + Specialist Qualitative Reports

To do that they have a multi-disciplinary and evidence based approach using principles from:

- + Coaching Psychology
- + Positive Psychology
- + Social Psychology
- + Organisational Psychology and Organisational Scholarship
- + Appreciative Inquiry
- + Anthropology
- + Sociology

Gram Consulting Group work with 11 of the top 20 ASX listed companies, three international organisations and many smaller organisations.

WHY AND WHEN FACE TO FACE EXPERIENCES

Face to Face workshops enable highly effective ways to build trust, have highly collaborative and quality interactions and build the relationships and understanding in a team or group of people. These workshops allow for interaction, different environments, discussion and practice. It allows for flexibility and fulfils our human need for connection, interaction and increases the ability to deal with complexity.

WHY AND WHEN VIRTUAL EXPERIENCES

With the world currently experiencing the COVID-19 pandemic, virtual learning experiences are now more than ever a necessity for teams and organisations. Webinars are built for convenience, scale and accessibility. They do not replace the face to face experience but can be used as a blended experience. We use multiple platforms and have a hugely successful record in providing engaging experience with a strong up take of the learning.



Margie Hartley

Margie Hartley is the founder and lead consultant of Gram Consulting Group, an independent executive coaching and facilitation community.

Since 2004 Margie has been consulting to organisations, teams and individuals to grow learn and develop. Her specialities are team and leadership development.

Margie's coaching and facilitation skills are highly regarded and her experience is extensive, lying across multiple industries and job families. She has deep experience and prides herself on curating the right experience for every single client to maximise the growth and learning for everyone.

COACHING PHILOSOPHY & APPROACH

One of the key features of the coaching methodology, which supports its continued success, is the ability for coaching to be specifically tailored to particular goals or needs of a client. Margie uses solutions focused methodologies and draws on relevant research. Margie's coaching approach is underpinned through an established evidence-based collaborative, goal oriented solution focused cognitive behavioural framework.

INDUSTRY KNOWLEDGE & EXPERIENCE

Margie has coached at senior levels in 11 of the top 20 ASX listed companies, Margie has a strong track record with enabling results at an individual, team and organisational level. Margie has over 15,000 hours of coaching experience.

Margie is also part of the PodcastOne family and has three podcasts; Superwomen we Ain't with Janine Allis from Boost Juice, Fast Track Career Conversations with various guests, and Rebuilding Australia our Mindset, a post-bushfire trauma recovery podcast with Australia's leading psychologist and psychiatrists.
